



Epic Trails


24x30' in 4K

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A wide-angle photograph of two hikers on a snowy mountain ridge. The hiker on the left is wearing a bright yellow jacket and a grey cap, while the hiker on the right is wearing a plaid shirt and a grey cap, using trekking poles. The background features a vast, deep valley with dense evergreen forests and several large, rugged mountain peaks covered in snow under a clear blue sky. A single tall evergreen tree stands prominently on the left side of the ridge.

Epic Trails is a visually stunning and inspiring series that follows wilderness adventurer, Eric Hanson, on his journey to discover the world's top trails. Each episode follows Eric on his world travels, while taking viewers on breathtaking adventures, and telling the unique stories of the places and the people that he encounters along the way.

The background image shows a vast desert landscape at sunset. The sun is low on the horizon, casting a warm, golden glow over the scene. In the foreground, there are rolling sand dunes with some sparse desert vegetation. Two small figures of people are visible on a dune in the middle ground. In the distance, a range of mountains is silhouetted against the bright sky.

Episodes

Episode 101: Banff and Lake Louise

Eric Hanson goes heli hiking and caving while exploring Canada's first and most popular National Park and neighboring Lake Louise.

Episode 102: Australia's Northern Territory

Eric Hanson heads down under to explore the Larapinta Trail and Kakadu National Park.

Episode 103: Fiji

Eric Hanson goes off the beaten path as he hikes from one remote village to the next through Fiji's mountainous landscape.

Episode 104: New Zealand

Eric Hanson explores the world-renowned Abel Tasman National Park by foot, and by sea kayak

Episode 105: Peru

Eric Hanson explores the amazing culture, hikes, and ruins of Peru's Sacred Valley.

Episode 106: Winter in Banff and Lake Louise

Eric Hanson returns to Banff National Park and Lake Louise in the snowy months to explore the backcountry by snowshoe and snowboard.

Episode 107: The Jordan Trail

Eric Hanson heads to Jordan to explore the newly developed 'Jordan Trail'—a 450-mile hiking trail that crosses the country and passes through some of the world's most inspiring landscapes and historical sites, including the ancient city of Petra.

A photograph of two hikers ascending a rocky mountain trail. The hiker in the foreground is wearing a bright yellow jacket, a black cap, and a backpack. The hiker behind him is wearing a plaid jacket and a cap. They are surrounded by green pine trees and a clear blue sky.

Episode 201: Papua New Guinea

Eric Hanson visits wild and remote villages in Papua New Guinea, as he challenges himself on one of the world's most difficult trails—the Kokoda Track.

Episode 202: Canada's Sunshine Coast

Eric Hanson heads to British Columbia's beautiful Sunshine Coast, to explore the 112-mile long Sunshine Coast Trail and to test his nerves at the Coast Gravity Downhill Mountain Bike Park.

Episode 203: Peak District and Derbyshire

Eric Hanson heads to the Peak District in England, to tackle the 268-mile Pennine Way—Britain's oldest and most challenging National Trail.

Episode 204: Juneau, Alaska

Eric Hanson heads deep into the backcountry to explore the mountains, glaciers and wildlife around Alaska's capital city of Juneau.

Episode 205: Jamtland, Sweden

Eric Hanson heads 63 degrees north to Jämtland, Sweden, where he discovers a wild culture and breathtaking wilderness trails.

Episode 206: Wales

Eric Hanson heads to the UK to explore the rugged Wales Coast Path—an 870-mile hiking trail that offers stunning views and adventure along one of the most dramatic coastlines in the world.

Episode 207: Newfoundland and Labrador, Canada

Eric Hanson travels to the far eastern edge of North America to discover the beauty of Newfoundland and explore the stunning East Coast Trail.

Episode 208: New South Wales, Australia

Eric Hanson heads down under and puts his outdoor skills to the ultimate test as he challenges rugged mountain trails during spectacularly bad weather in New South Wales, Australia.

Episode 209: California

Eric Hanson laces up his hiking boots to explore some of California's most iconic wilderness, including Yosemite National Park, the Mojave Desert, and Butte County.

Episode 210: Poland

Eric Hanson heads to Poland to explore the breathtaking trails of the Tatra and Pieniny mountain ranges.

Episode 301: Revelstoke

Eric Hanson explores the incredible backpacking trails that surround one of the most adventurous mountain towns in North America - Revelstoke, British Columbia.

Episode 302: Backpacking Dominica

Eric Hanson travels to the tropical paradise known as Dominica to hike the longest trail in the Caribbean and experience the thrill of freediving and canyoning.

Episode 303: Backpacking Estes Park, Colorado

Eric Hanson discovers the amazing hiking and climbing adventures to be had in the cool, mountain-town known as Estes Park, Colorado.

Episode 304, 305& 306 – Backpacking Quebec

Eric Hanson explores epic coastal hiking routes of Gaspésie and the incredible night time wilderness adventures in the Eastern Township of Québec.

In the next episode, Eric backpacks along the spectacular Saguenay Fjord, before setting out on a paddling adventure in Québec's Laurentian mountains.

In the final Quebec episode, Eric battles the elements while backpacking during an early season snowstorm in Charlevoix, and then gets his adrenaline pumping with a white-water run down the mighty Ottawa River.

Episode 307 – New Zealand

Eric Hanson explores the stunning backpacking trails around Mount Taranaki and Mount Hikurangi on New Zealand's North Island.

